

Highlights from IDDNA conference Nov 4 and 5 2010  
**Illinois Developmental Disabilities Association**  
**Starved Rock Lodge and Convention Center, Utica, IL**

**NOTE: I have added websites that explain some of the presentations.**

**Thursday November 4**

**10:30 AM-12 PM Improving Hospitalization and Healthcare Experiences for People with Intellectual Disabilities** by Robyn Hart Med CCLS and Sarah Ailey RN PHD

The article explaining this program can be found at this site:

<http://www.innovations.ahrq.gov/content.aspx?id=2781>

“Comprehensive Program to Support Patients and Staff Improves Hospital Experience for Adult Patients with Intellectual and Developmental Disabilities”.

**1:30 PM – 3 PM** Kim Shontz MSW, LCSW from Trinity spoke on **Fetal Alcohol Spectrum Disorders (FASD)**. For her program re FASD she had a number of handouts re effects on the fetus, facial characteristics, and how the child/adult is affected. For more information contact Trinity Services, Inc. Ajeet Charate Director – FASD Program and Resource Center, New Lenox, IL, 815-462-4273. Kim Shontz also explained about the new **Illinois Crisis Prevention Network and the Support Services Team (SSTs)** <http://www.icpn.us/> . See **internet link** re Support Services Teams (SSTs) and check the links on the right of the sit for Related Links. <https://www.dhs.state.il.us/page.aspx?item=50861> . The provider will receive a return call within 12 hours and the team will be on-site within 48 hrs. Currently this is only for adults but children will be included in the future. **Map of the area’s served attached on pg 6.**

**3 PM – 6 PM Round Table Discussion/Networking Issues Facing DD Nurses in Illinois**

Neville Bilimoria, Attorney, discussion explaining first about some of the cases and laws including the **MR/DD Community Care Act** enacted this year.

<http://www.ilga.gov/legislation/ilcs/ilcs4.asp?DocName=021000470HArt.+I&ActID=3127&ChapterID=21&SeqStart=1171&SeqEnd=3550000>

In part: (a) This Act provides for licensure of intermediate care facilities for the developmentally disabled and long-term care for under age 22 facilities under this Act instead of under the Nursing Home Care Act. On and after the effective date of this Act, those facilities shall be governed by this Act instead of the Nursing Home Care Act.



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Some discussions included:

How various organizations as OIG, DHS, and Equip for Equality look at things.

The importance of **Safety** and **Documentation** were pointed out in different discussion questions. Arden Gregory RN PhD Statewide Nursing Coordinator (217-782-9449 and [Arden.Gregory@illinois.gov](mailto:Arden.Gregory@illinois.gov)) was in attendance and he contributed to the discussion as questions were asked. Also the importance of getting **Informed Consent** as if not it is assault and battery. If the person does not have a guardian contact the Office of State Guardian.

Handout given of the **Statement of Prohibition of PRN Medications as Restraint** dated September 7, 2010. See **attached on pg 7**.

6 PM – 7 PM **Fireside Chat** with Nanette Wrobel BS, RPh she presented a short program on Osteoporosis and the rest of the time networking.



**Note:** I have contacted Nanette over the past couple years if I needed information about medications. She has been very helpful.

## **Friday November 5**

### **7:30 AM – 8 AM Kathy Brown and Update from National:**

- A position paper addressing Self Administration of Medications in the community will be presented at next years National DDNA Convention. If you have any comments or ideas submit to Kathy Brown at [kb4038@aol.com](mailto:kb4038@aol.com).
- 2011 DDNA National conference will be in Hartford, Connecticut May 13-18 and held at the Hartford Marriott and the conference presentations will be in the clinical area.
- IDDNA conference will be in Bloomington, IL Nov 4 and 5, 2011 see **flyer on pg 8**. Check out the featured speaker Barb Bancroft's video at her website and check out the link to PowerPoint handouts at the bottom of her Home page.  
<http://www.barbbancroft.com/>.
- Kathy encouraged all nurses to belong to the national and local DDNA. This is the only way we will have a voice that is heard. Check the DDNA website for 70-80 free CEU's for members <http://www.ddna.org/pages/ce>. More on DDNA top pg 3.
- DDNA is working towards having meetings via the computer or teleconferences due to traveling difficulties.
- Continue to encourage nurses to become certified. This sets the nurses working with DD apart and shows that you are willing to go above the norm.
- National elections will be in 2011. They need candidates for vice president and treasurer. Let Kathy Brown know if you are interested.
- There is a need for the nurses to join the different committees, education, membership, certification and conference planning.

**For more information about the Developmental Disabilities Nurses Association (DDNA)** go to <http://www.ddna.org/> , membership: Regular Member \$80 + \$20 for local chapter. Nurses who are interested or engaged in the specialty of I/DD nursing, Associate Member \$100 All persons who are interested in I/DD, but who are not nurses, Student Member \$40 Full-time undergraduate nursing students interested in I/DD nursing, Retired Member \$40 Retired nurses over the age of 65 interested in I/DD nursing, Corporate Member \$2000 Special nonvoting memberships for companies and organizations that support the goals and mission of DDNA.

Kathy Brown President of the Northern IL DDNA is the President-Elect of the national DDNA.

The image shows two business cards side-by-side. The left card is for DDNA (Developmental Disabilities Nurses Association). It features the DDNA logo with a green leaf graphic and the tagline "Networking to care, advocate, and educate". The contact information for Kathleen A. Brown, BA RN CDDN, President-Elect, is listed. The right card is for Pharmacy Alternatives, featuring a blue starburst logo and the tagline "Exceptional service - Exceptional people". The contact information for Kathleen A. Brown, BA, RN, CDDN, Director of Development, is listed.

**DDNA** Developmental Disabilities Nurses Association  
"Networking to care, advocate, and educate"

Kathleen A. Brown, BA RN CDDN  
President-Elect

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**Pharmacy Alternatives**  
Exceptional service - Exceptional people

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**9 AM – 10:30 AM** Carl V. Tyler MD, MS, CAQ Geriatrics from the Medicine Institution of the Cleveland Clinic in OH spoke on **High-Impact Healthcare Information**. He had a Power Point handout but only followed it in part preferring to discuss back and forth with the nurses about the things they encounter daily.

Some of the topics and information were:

**Dilantin** can cause osteoporosis. The long term use of antiepileptic drugs i.e. 40 yr old on antiepileptic drugs for years that used to walk and talk and now doesn't and is in a wheelchair. Just because a person did well on a drug when young doesn't mean they will when they get in 20's, 30's, and 40's.

**B12 deficiencies** are huge with decrease in cognition and decline in skills. The need for metabolic screening as some disease process is going on, don't write them off.

**Vitamin D deficiency.** Need Vit D for muscle strength and he recommends it be between 40-50 per the VitD, 25 Hydroxy blood test. A deficiency in Vit D can lead to frequent falls in elders. He feels that all IDD individuals should be getting a supplement of 2000 IU/day of D3 and check levels. Caution to watch the kidneys. Drugs that affect the liver can convert Vit D to inactive form, i.e. Dilantin.

He discussed some of his **research** and if the individuals with IDD were getting the same care as the general population. One of these was for **screening colonoscopies for IDD**—1200 individuals with IDD and the same number of people in the general population records were evaluated: found in the over 50 groups there was an 80% chance in the normal population of getting a colonoscopy and 40% chance in the IDD group. The nurses then were giving examples of what they have encountered relating to care the individuals with IDD received.

In his Power Point handout on the last slide he lists:

## **Questions, Informal e-Consultations, Potential Collaborations**

Cary Tyler MD, MS, 18200 Lorain Ave., Cleveland, OH 4111, [tylerc@ccf.org](mailto:tylerc@ccf.org)

He also gave a handout of an article see Abstract below. If you want the complete article I will scan it and send to you if you send your email to me at [louandy@wideopenwest.com](mailto:louandy@wideopenwest.com).

## **Nursing Perspectives on Cancer Screening in Adults With Intellectual and Other Developmental Disabilities**

**Carl V. Tyler, Stephen J. Zyzanski, Vanessa Panaite, and Linda Council**

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### **Abstract**

Health care disparities have been documented in cancer screenings of adults with intellectual and other developmental disabilities. Developmental disabilities nurses were surveyed to better understand and improve this deficiency. Two thirds of respondents believed that adults with intellectual and developmental disabilities received fewer cancer screenings compared with the general population. The most frequently cited barriers to cancer screenings were as follows: patient need for sedation, unsuccessful attempts at screening, and failure of the primary care clinician to order cancer screening tests. Nurses observed that health care providers frequently did not tailor cancer screening recommendations to individuals' family histories, life expectancies, or their disability-specific cancer risks. The authors suggest interventions to improve cancer screening centered around education and training, accessibility, financing–insurance, modification of procedures, and patient tracking.

DOI: 10.1352/1934-9556-48.4.271

### **11 AM-12:30 PM Gina L Andaas, RN, CCRN Bringing Man's Best Friend to the Bedside**

She explained about the **Animal Assisted Therapy Program at Advocate Good Shepherd Hospital**. How they use dogs instead of i.e. cats because dogs cause less of an allergic reaction. That they have found shorter hospital stays and quicker recovery times. March 2008 IDPH approved animals in the hospital. She showed some slides with a graph from <http://www.heartmath.org/> and the heart monitor reaction between a dog and a boy when the dog was in the room with him and when the dog was out of the room. When in the room it showed a calm straight across response and when the dog was not in the room the up and down of the graph. Several handlers came with their dogs and after the presentation everyone was able to talk to them and see and pet the dogs. They are looking for the right handler with the dogs. Certification is by an outside agency.

**Ending:** more networking and presentation of the 11.9 CEU.

## Vendors:

- Pharmacy Alternatives, Inc. – cards above
- Cherry Hill Bookstore, **official bookstore of the DDNA** - <http://cherryhillbooks.com/>
- All Area Custom Design, **official vendor for DDNA ware** - customize clothing and accessories for any occasion, specializing in embroidery, heat transfer, silk screening and digitizing services. 2306 E Washington, Joliet, IL 60433, 815-726-8323
- RF Technologies – 800-669-9946 ext 6732, [www.rft.com](http://www.rft.com) Safety alarm systems. Brian Vitense Cell: 262-853-6952, [bvitense@rft.com](mailto:bvitense@rft.com) located Brookfield, WI.
- Nurse on the Go – Jacquelyn Underwood, [www.thenurseonthego.info](http://www.thenurseonthego.info)
- Janssen Pharmaceutica – [www.janssen.com](http://www.janssen.com) Becky Bergstrom 630-248-8149 or 888-526-2244 mailbox 7186, Naperville, IL
- New Covenant Home Health – Des Plaines 224-612-5105, Elizabeth Sattler

Notes by:

Louise Miller, RN, BSN, MSHSA

31 N Regency Dr East

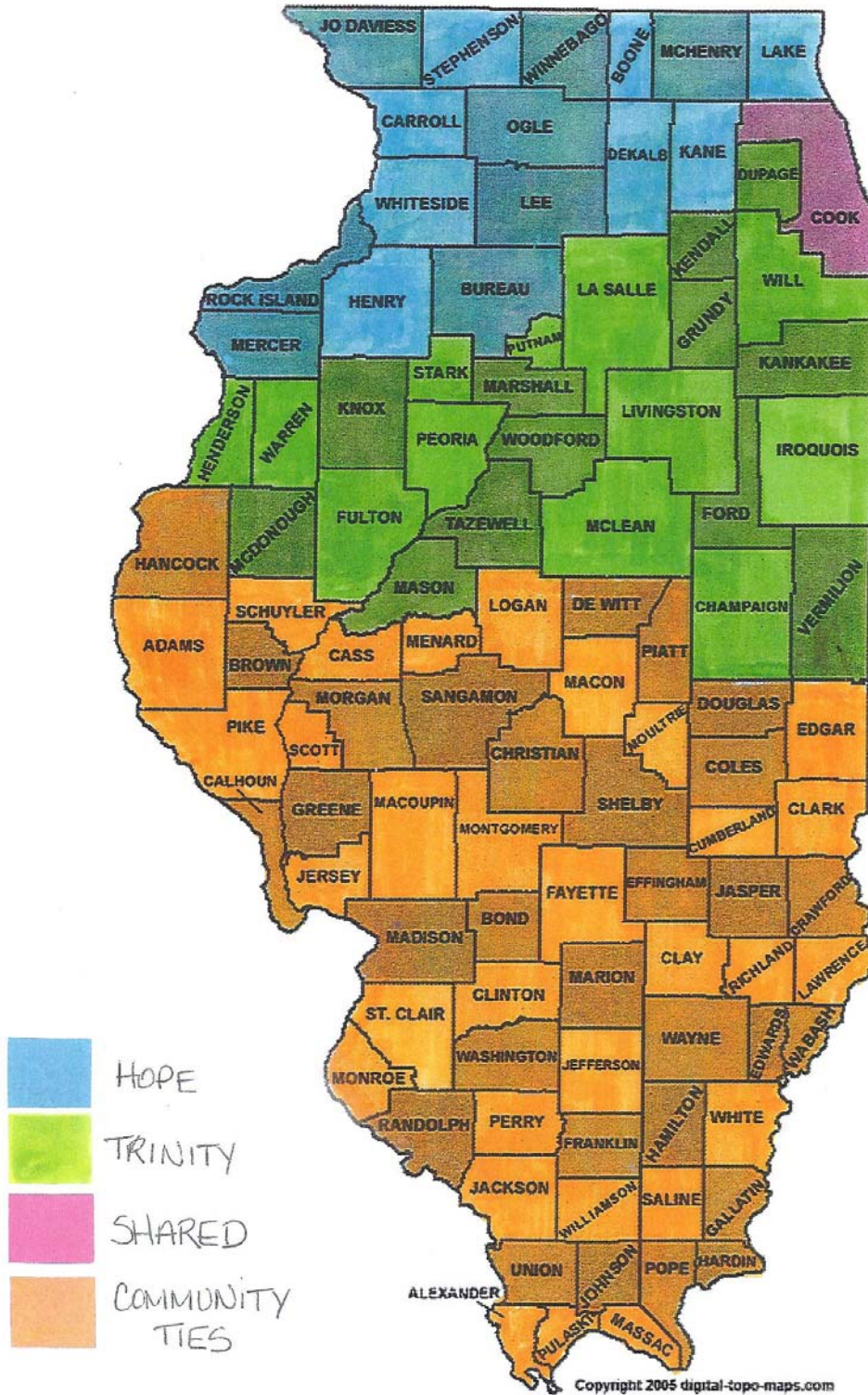
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# ATTACHMENTS

## Area Map of the Support Services Teams (SST's)



Illinois Department of Human Services  
Division of Developmental Disabilities  
Bureau of Clinical Services  
Statement of Prohibition of PRN Medications as Restraint  
September 7, 2010

**Basis**

In the Mental Health and Developmental Disabilities Administrative Act (20 ILCS 1705/), it states the following:

Sec. 15f. Individualized behavioral support plan. (a) as used in this Section:

"Behavioral challenges" means episodes of significant property destruction, self-injurious behavior, assaultive behavior, or any other behavior that prevents a person from successful participation in a Home and Community Based Services Program for Persons with Developmental Disabilities, as determined by the community support team.

"Home and Community Based Services Program for Persons with Developmental Disabilities" means a program that is funded through a waiver authorized under Section 1915(c) of the federal Social Security Act and that is administered by the Department of Human Services' Division of Developmental Disabilities. Services under the Program include Community Integrated Living Arrangements, Community Living Facilities of 16 or fewer individuals, home-based support services, day programs, and therapies. The term also includes newly developed programs and settings that are funded through the Home and Community Based Service Program for Persons with Developmental Disabilities.

(b) Each individual participating in a Home and Community Based Services Program for Persons with Developmental Disabilities, regardless of whether the individual is eligible for federal financial participation for these services, who exhibits behavioral challenges shall have an individualized behavioral support plan...

Interventions must not: (1) include electric shock; (2) withhold essential food and drink; (3) cause physical or psychological pain; (4) use drugs as restraints; or (5) produce humiliation or discomfort.

(All underlining is for emphasis and is not in the original document)

**Conclusion**

Therefore, in Community Integrated Living Arrangements (CILA), Community Living Facilities of 16 or fewer individuals (licensed by the Illinois Department of Public Health), home-based support services, day programs, and therapies supported under the waiver authorized under Section 1915(c) of the federal Social Security Act and administered by the Department of Human Services' Division of Developmental Disabilities:

- 1) Individuals who exhibit a "behavioral challenge" must have an individualized behavioral support plan.
- 2) The individualized behavioral support plan cannot include the use of drugs as restraints.
- 3) Any medication used to control behavior on a PRN basis must be considered chemical restraint.
- 4) The Mental Health and Developmental Disabilities Administrative Act prohibit use of drugs as restraints.

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**SAVE THE DATE!!**

**11th ANNUAL ILLINOIS DD CONFERENCE**

**FRIDAY NOVEMBER 4TH AND 5TH 2011**

**FEATURED SPEAKER WILL BE BARB**

**BANCROFT WHO IS VERY DYNAMIC AND**

**WILL BE SPEAKING AT 2 SESSIONS.**

**THE CONFERENCE WILL BE IN**

**BLOOMINGTON , IL AT THE CHATEAU**

**FORMERLY JUMERS) HOTEL AND**

**CONFERENCE CENTER LOCATED ON**

**JUMER DRIVE.**

**ROOM RATES WILL ONLY BE \$89 FOR 2**

**PEOPLE.**

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